

**BUPA STAGE 4
NORWOOD to CAMPBELLTOWN
Friday 20 January 2017**

149.5 KM

POINT TO POINT

TIME	LOCATION	KM Travelled	KM To Go
1130	The Parade Norwood near Town Hall Start race neutral	0.0	
1134	Left turn from The Parade into Glynburn Road, Kensington Park	2.0	
1141	Right turn from Glynburn Road into Lower North East Road, Felixstow	5.5	
1146	Lower North East Road, Paradise near Brian Grove End race neutral. Race start	8.0 / 0.0	149.5
1155	Right turn on Lower North East Road at Grand Junction Road, Hope Valley (3 rd exit at roundabout). Start climb of Anstey Hill	5.9	143.6
1203	Lower North East Road, Houghton	11.4	138.1
1204	Right turn from Lower North East Road into North East Road, Houghton	12.0	137.5
1206	North East Road, Inglewood near hotel	13.0	136.5
1216	Left turn from North East Road into South Para Road, Chain of Ponds	20.1	129.4
1222	Right turn from South Para Road into Checker Hill Road near Kersbrook	23.7	125.6
1224	Checker Hill Road near Kersbrook Subaru King of Mountain (category 2)	25.1	124.2
1226	Right turn from Checker Hill Road into Forreston Road, Forreston	28.1	121.4
1232	Left turn from Randell Terrace into Albert Street, Gumeracha	30.4	119.1
1241	Shannon Street (Main Street), Birdwood at hotel	37.1	112.4
1241	Shannon Street, Birdwood near August Street iiNet Sprint #1	37.5	112.0
1244	Birdwood to Mt Pleasant Road at Adelaide to Mannum Road near Birdwood	39.0	110.5
1256	Left turn from Birdwood to Mt Pleasant Road into Williamstown Road (Cricks Mill Road), Mt Pleasant	46.3	103.2
1305	Right turn from Cricks Mill Road into Warren Road, Mt Crawford	55.1	94.4
1322	Right turn from Warren Road into Springton Road near Williamstown	63.9	85.6
1350	Right turn from Springton Road into Mt Pleasant to Keyneton Road, Springton	82.5	67.0
1350	Eden Valley Road, Springton near Herbig Tree Powerade Hydration Station	82.6	66.9
1402	Main Street, Mt Pleasant near Barossa Council Office iiNet Sprint #2	90.6	58.9
1403	Left turn from Main Street into Tungkillo Road, Mt Pleasant	91.4	58.1
1410	Left turn from Tungkillo Road into Adelaide to Mannum Road near Tungkillo	95.9	53.6
1411	Right turn from Adelaide to Mannum Road into Terlinga Road, Tungkillo	96.3	53.2
1430	Enter Mt Torrens to Lobethal Road at Main Street, Mt Torrens	109.2	40.3
1435	Left turn from Mt Torrens to Lobethal Road into Onkaparinga Valley Road near Charleston	112.7	36.8
1441	Right turn from Onkaparinga Valley Road into Graeber Road, Charleston	116.4	33.1
1443	Right turn from Graeber Road into Woodside Road near Lobethal	118.3	31.2
1444	Right turn from Woodside Road into Main Street, Lobethal	119.5	30.0

1445	Main Street, Lobethal at Institute	120.5	29.0
1446	Left turn from Main Street into Pioneer Avenue, Lobethal	121.1	28.4
1500	Left turn from Lobethal to Cudlee Creek Road into Gorge Road, Cudlee Creek	128.9	20.6
1501	Gorge Road, Cudlee Creek at Tippett Road	129.9	19.6
1503	Gorge Road, Cudlee Creek at hotel	130.9	18.6
1516	Gorge Road, Castambul at Corkscrew Road	141.0	8.5
1528	Left turn from Gorge Road into Maryvale Road, Athelstone	148.3	1.2
1530	Maryvale Road, Campbelltown, near bus stop 31 Race Finish	149.5	0.0

Approximate Race Duration: 4 hours